## Marissa Rec Rustic 5K Run & 1 Mile Fun Run

PLACE:

**HOSTED BY:** 

Signature:

**Saturday, May 25, 2019** 

Marissa Rec Area & White Oak Golf Course, Marissa, IL

Marissa Cross Country and Marissa Recreation Area

TIME: 9:00 a.m. 5K 9:45 a.m. 1 MILE FUN RUN/WALK Starts at the West Pavilion; 1st mile proceeds around North Lake, 2nd mile loops around the COURSE: South Lake; the last mile repeats around the North Lake and ends at the golf cart garage. 5K male and female (medals). 11-15; 16-19; 20-29; 30-39; 40-49; 50-59; 60 + **DIVISIONS:** All runners 10 and under will receive a medal for participation. 5K RUN--\$20 if received by May 11; \$25 after May 11. T-shirts in requested sizes are **ENTRY FEE:** guaranteed to individuals who register by May 11. Every effort will be made to have t-shirts available to all runners. Limited availability on race day. Registration on Race Day -- \$25. 1 MILE FUN RUN--\$10 if received by May 11; \$15 after May 11. Registration on Race Day -- \$15. **PACKET PICK-UP/RACE-DAY REGISTRATION:** Packet pick-up is at White Oak Club House at the Marissa Rec Area, Friday, May 24 from 5:30-7:30 p.m. and on Race Day from 8:00-9:00 a.m. Kids fishing derby @ 11:30 bring pole! CHIP TIMING BY "RUN TO SUCCEED" \*TO REGISTER ONLINE, GO TO: runtosucceed.com MAIL IN REGISTRATION FORM Makes check payable to: **MRA Social Committee** Mail registration to: L. Harris, Social Committee, 304 Rec Area Road, Marissa, IL 62257 Name: \_\_\_\_\_ Age on 05/25/19 \_\_\_\_ Gender: M F Address: City: State: ZIP: Shirt size: (circle one only) Adult: S M L XL XXL Youth: YS YM YL **EVENT:** (circle one only): 5K RUN – 9:00 a.m. 1 MILE FUN RUN/WALK – 9:45 a.m. (Times will be recorded only for 5K) WAIVER OF RELEASE In consideration of accepting this entry, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all claims for damages, actions and causes against Marissa Recreation Area Association, all sponsors and any individual or group associated with this event from all claims and liabilities resulting in my participation, I attest and verify that I am physically fit and have sufficiently trained for this event. I assume all risks in this event including, but not limited to falls, contact with other participants, effects of the weather, road conditions, and all such risks being known and appreciated by me. Further, I hereby grant permission for the free use of my name and/or any photographs, videotapes, motion pictures, recordings, or any other record of this event for legitimate purpose. (Participants under 18 years of age must have parental signature.)

All participants must sign. Parent or Legal Guardian must sign if participant is under 18 years of age.